



Ontario Lacrosse Festival
3 Concorde Gate, Suite 306
Toronto, Ontario, M3C 3N7.

OLA TEAM MANAGERS BULLETIN 2010 Ontario Lacrosse Festival

Dear OLA Team Managers:

Thanks very much for all your great volunteer service helping grow the game in Ontario!

We hope this Team Managers Bulletin helps ensure the Festival experience is a great one for your team. Essential information includes:

- (1) Access the Festival tournament schedules at the Official Festival website at www.ontariolacrossefestival.com;
- (2) All information about the Festival, including schedules and results, can be found online at www.ontariolacrossefestival.com;
- (3) All Coaches and Team Managers should review the attached "Participant Rules & Guidelines" (attached) prior to attending the Festival;
- (4) Additionally, all Coaches should review the "2010 Illegal Protective Equipment Enforcement Policy" under "Briefs and Background- Playing Rules Advisory" on the Festival website;
- (5) Directions to all Festival arenas are included in this document.
- (6) Information on vendors, their services and special Festival offers, can be found on the Festival website under "Briefs and Background- Festival Vendor Offers";
- (7) Team Welcome Packages (including Festival caps and Souvenir Programs) are available to be picked up at Iroquois Park Sports Centre (in the Fireside Room of the Sports Garden Cafe) by Team Managers anytime after the beginning of the tournament your team participates in (ie: for Pee Wee teams, after the first game of the Harrow/OLA Pee Wee Provincials);
- (8) Necessary documents needed to pick up the Team Welcome Packages include the attached *Festival Email Survey List*;
- (9) All scores from the Ontario Lacrosse Festival are now available via a new text messaging service! You can subscribe to any or all Festival events and receive final game scores as they happen! The complete list of Festival events and text

codes is attached. There is no charge or fee to subscribe to the Festival Scoreboard Alert Service, but standard text messaging fees from your wireless carrier apply. Don't miss results from all the Festival action by subscribing today! Also during the Festival, all results and advancing tournament brackets, will be up-dated hourly at <www.ontariolacrossefestival.com>;

Thanks for your help circulating this information about the 2010 Ontario Lacrosse Festival.

Thanks very much for all your great volunteer service helping grow the game in Ontario! We look forward to welcoming you and your team once again this year to share in our annual celebration of Canada's national summer sport!

See you soon at the Festival!



2010 OLA PROVINCIAL CHAMPIONSHIPS *Participant Rules and Guidelines*

1. All teams should report to the OLA Registration Desk at least 30 minutes prior to their scheduled game times.
2. Only OLA registered Team Coaches and/or Team Managers will be permitted to represent their own clubs at the OLA Registration Desk.
3. Team Coaches and/or Managers must produce the following documents at registration:
(a) All OLA approved player registration forms signed by the Club, Zone and OLA; (b) All OLA approved bench personnel forms signed by the Club, Zone and OLA. Should clubs be unable to produce such documents, players, coaches and/or trainers will be ruled ineligible to participate.

Please note the maximum of four (4) bench personnel per team. Of the approved bench personnel, the OLA recognizes only one mandatory trainer per team.

4. Prior to the start of each game, all bench personnel must sign the game sheet.
5. Please ensure that all coaches and players are very clear on the OLA Provincials Policy that fighting results in automatic disqualification from any further Provincial play, in any age division, in 2010.
6. In robin-robin format competition, there are no overtime periods (ie: tie games stand). In the event of a tie for a position in the final standings of round-robin format competition, the OLA tie-breaker formula will be used to determine the higher standing team (see MR7.08).
7. Teams are permitted one (1) timeout per team, per game.
8. The **2010 OLA Provincial Championships: Playing Rules Advisory** and the **2010 OLA Illegal Protective Equipment Enforcement Policy** should be referenced for clarifications on playing rules and overtime game regulations.
9. The **2010 OLA Provincial Championships: Lacrosse Equipment Advisory** should be referenced for clarifications on playing equipment regulations.
10. The OLA Provincials Tournament Committee will not entertain any protests of any game outcome based on the grounds of a referee's call (see MR10.08).
11. In all cases of any misunderstanding of tournament rules between OLA representatives and clubs, these **Participant Rules and Guidelines** will be used as the basis for a final decision.

2010 Ontario Lacrosse Association Provincial Championships: Playing Rules Advisory

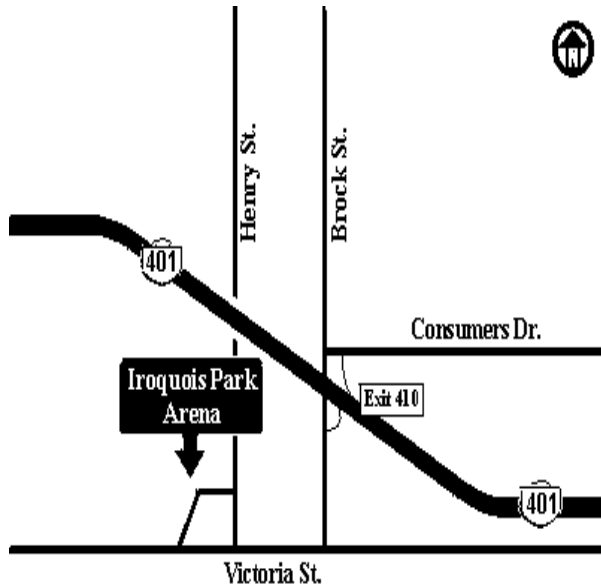
OLA MINOR LACROSSE RULE	AGE DIVISION					
	TYKE	NOVICE	PEE WEE	BANTAM	MIDGET	INTERMEDIATE
Rule 16 (c) Goalkeeper Warm-up	No on-floor warm-up allowed					
Rule 19 (a) Game Length	Periods: 3 X 15 minutes Stop Time: Last 2 minutes of the third period Intermission: 3 minutes			Periods: 3 X 15 minutes Stop Time: Last 5 minutes of the third period Intermission: 3 minutes		
Rule 20 (a) Qualifying Game Overtime	In the event of a tie in a robin-robin format competition, there are no overtime periods (ie: tie games stand). In the event of a tie in a qualifying game, the game continues with ten (10) minute, stop time, periods of sudden victory (first goal declares winner). Before each overtime period, there will be a two (2) minute rest and no change of ends.					
Rule 20 (b) Championship Game Overtime	In the event of a tie in a championship game, there will be a mandatory two (2) minute rest, no change of ends, followed by a FULL ten (10) minute, stop time, period. If the score remains tied at the end of the overtime period, there will be a mandatory two (2) minute rest, no change of ends, followed by a ten (10) minute, stop time, period of sudden victory (first goal declares winner). If the score remains tied at the end of the sudden-victory overtime period, ten (10) minute, stop time periods of sudden victory continue until a winner is declared					
Rule 38 Check from Behind	Double minor, or Major + Game Misconduct penalty, or Match penalty					
Rule 39 (a) 5-Second Rule	Rule enforced					
Rule 45 (a) Fighting	Major + Game Misconduct + Disqualification from any further Provincial play, in any age division, in the current year					
Rule 66 (a) 10-Second Rule	Does not apply	Rule enforced				
Rule 66 (b) Over-And-Back Rule	Does not apply	Rule enforced				
Rule 68 30-Second Rule	Does not apply	Rule enforced				
Rule 70 (a) Timeouts	One timeout per team, per game					
Offence/Defence Policy	1st offense in a game: 2 minute bench minor penalty. 2nd offense in the same game: 2 minute bench minor + gross misconduct and game ejection to the head coach				Does not apply	

2010 Ontario Lacrosse Association Provincial Championships: Lacrosse Equipment Advisory

EQUIPMENT CATEGORY	RULES, APPROVALS & GUIDELINES
MOUTHGUARDS	<ul style="list-style-type: none"> • Mandatory
UNIFORMS	<ul style="list-style-type: none"> • Sweaters must cover upper body equipment • Home team changes if sweater colours conflict • Unless approved by the Tournament Convenor, a team cannot change sweater colours during a game
STICKS	<ul style="list-style-type: none"> • Paperweight/Tyke/Novice/Pee Wee stick lengths: 34" – 46" • Bantam/Midget/Intermediate stick lengths: 40" – 46"
GLOVES	<ul style="list-style-type: none"> • Gloves not approved deBeer Vision; Brine Axis, Warrior Super Fly & Gait Mutant
HELMETS	<ul style="list-style-type: none"> • CSA approved for ice hockey as manufactured • Brine Triad XP and Triad ST: Approved for field and box as manufactured • Cascade H2/C2 by Sport Helmets: Approved for field and box as manufactured • Cascade CPRO by Sport Helmets: Approved for field and box as manufactured • Gait Helmet by ITECH: Approved for field and box as manufactured • Infinity SLAX-01 by Stryke Lacrosse: Approved for field and box as manufactured • Chinstraps and earpieces mandatory
MASKS	<ul style="list-style-type: none"> • CSA approved for ice hockey as manufactured • NOCSAE approved • Calcoat models 411Sr. and 414 Jr. by St. Lawrence Steel & Wire: Approved • ONTY Pro 20/20 Jr. by ONTY: Approved • ONTY Pro 20/20 Sr. by ONTY: Approved for players 17 years of age and older • Chin cups and straps must be attached • 3-bar O'Neil mask by Maximum Lacrosse: Not approved for minor lacrosse • Gait BOXFM- Jr. & Gait BOXFM- Sr.: Approved
GOALIE HELMETS & MASKS	<ul style="list-style-type: none"> • CSA approved for ice hockey as manufactured • All helmet models listed in "Helmets" section above • All plastic visors: Not approved for goaltenders • NOCSAE approved <i>Cateye</i> mask can only be worn with a CSA approved ice hockey helmet • CSA or HECC approved ice hockey goalie masks must have 1" wire bars; no <i>Cat eye</i> masks (exception: ITECH RP624 on ITECH Profile 1200/2500/4600) • Throat guard mandatory
GOALIE UPPER BODY PADS	<ul style="list-style-type: none"> • Sweaters must cover all upper body equipment • Must conform to the body 3" from skin
GOALIE STICKS	<ul style="list-style-type: none"> • Goaltender stick width (all divisions): 15" maximum • Big Nasty and Wall by Warrior: Approved
GOALIE EQUIPMENT	<ul style="list-style-type: none"> • Must conform to the body Tyke to Intermediate

ONTARIO LACROSSE FESTIVAL

ARENA DIRECTIONS



Iroquois Park Sports Centre Driving Instructions

500 Victoria St. W
Whitby, ON L1R3M3
905-668-7765

From Hwy-401 Westbound: Hwy-401 to Brock St. (exit 410) in the town of Whitby (not Brock Road that is located in Pickering, a little west of Whitby). Exit ramp ends at Consumers Dr., so turn left on Consumers and proceed approx. 200 meters west to Brock Street. Turn left on Brock St. and proceed south approx. 0.75 km to Victoria Street. Turn right on Victoria St. and proceed west approx. 0.5 km to Henry Street. Turn right on Henry St. and proceed north approx. 150 meters to Iroquois Park entrance. Turn left into Iroquois Park and watch for arena on the right.

From Hwy-401 Eastbound: Hwy-401 east to Brock St. (exit 410). Turn left on Brock St. and proceed south approx. 0.3 km to Victoria Street. Turn right on Victoria St. and proceed west approx. 0.5 km to Henry Street. Turn right on Henry St. and proceed north approx. 150 meters to Iroquois Park entrance. Turn left into Iroquois Park and watch for arena on the right.

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Legends Centre Driving Instructions

1661 Harmony Rd. N
Oshawa, ON L1H7K5
905-436-5455

From the West (Toronto): Hwy-401 east to Bloor St./Harmony Rd. (exit 419). Turn left on Bloor St. and proceed east approx. 0.4 km to Harmony Road. Turn left on Harmony Rd. and proceed north approx. 6.5 km to arena on the right.

From the East (Ottawa): Hwy-416 South approx. 70 km to Hwy-401 West. Proceed west on Hwy-401 approx. 295 km to Harmony Rd./Bloor St. (exit 419). Bear right onto Harmony Rd. and proceed north approx. 6.5 km to arena on the right.

ONTARIO LACROSSE FESTIVAL

ARENA DIRECTIONS



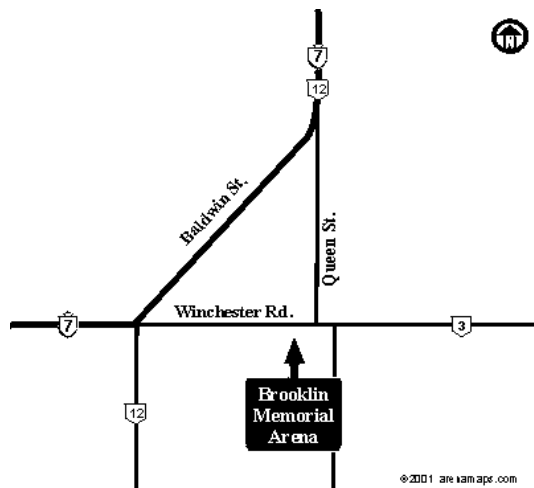
McKinney Centre Driving Instructions

222 McKinney Dr.
Whitby, ON L1R3M3
905-430-4300 ext. 7100

From Hwy-401 Westbound: Hwy-401 to Brock St. (exit 410) in the town of Whitby (not Brock Road that is located in Pickering, a little west of Whitby). Exit goes to Consumers Dr., so turn left on Consumers to get to Brock St. Turn right on Brock St. and proceed north approx. 6 km to Taunton Road. Turn right on Taunton Rd. and proceed east approx. 0.3 km to McKinney Drive. Turn left on McKinney Dr. and proceed north approx. 0.25 km to arena on the left.

From Hwy-401 Eastbound: East on Hwy-401 to Brock St. (exit 410). Proceed north on Brock St. approx. 6 km to Taunton Road. Turn right on Taunton Rd. and proceed east approx. 0.3 km to McKinney Drive. Turn left on McKinney Dr. and proceed north approx. 0.25 km to arena on the left.

From Hwy-7: Hwy-7 to Baldwin St. (in Brooklin). Proceed south on Baldwin St. approx. 4 km to Taunton Road. Turn left on Taunton Rd. and proceed east approx. 0.3 km to McKinney Drive. Turn left on McKinney Dr. and proceed north approx. 0.25 km to arena on the left.



Luther Vipond (Brooklin) Memorial Arena

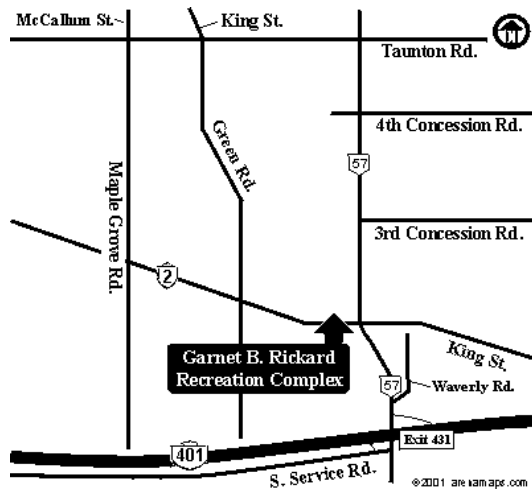
67 Winchester Rd.
Brooklin, ON L1M1B4
905-655-4571

Brooklin is located at the intersection of Rt-7 and Rt-12, approx. 10 km north of Whitby and approx. 60 km northeast of Toronto.

From Hwy-401: Hwy-401 to Brock St./Hwy-12 (exit 410). Proceed north on Brock St. (Hwy-12) approx. 12 km (becomes Baldwin St. outside of Whitby) to Winchester Rd. (in Brooklin). Turn right on Winchester Rd. and proceed east approx. 0.5 km to arena on the right.

ONTARIO LACROSSE FESTIVAL

ARENA DIRECTIONS



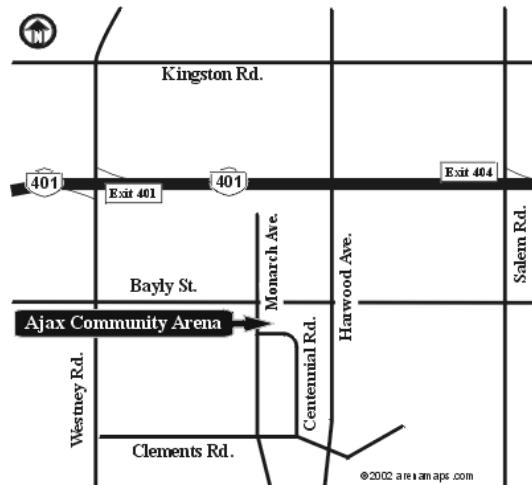
Garnet B. Rickard Recreation Complex

2440 King St. W (Hwy-2)
Bowmanville, ON L1C3K2
905-623-5728

Driving Instructions:

Bowmanville is located just off Hwy-401, approx. 75 km east of Toronto.

From Hwy-401: Hwy-401 to RR-57/Waverly Rd. (exit 431). Proceed north on RR-57/Waverly Rd. (go straight on RR-57 shortly after crossing over Baseline Rd./don't turn right on Waverly) approx. 2 km to King Street. Turn left on King St. and proceed west a short distance to Garnet B. Rickard Recreation Complex on the right.



Ajax Community Arena

75 Centennial Rd.
Ajax, ON L1S4S4
905-683-3740

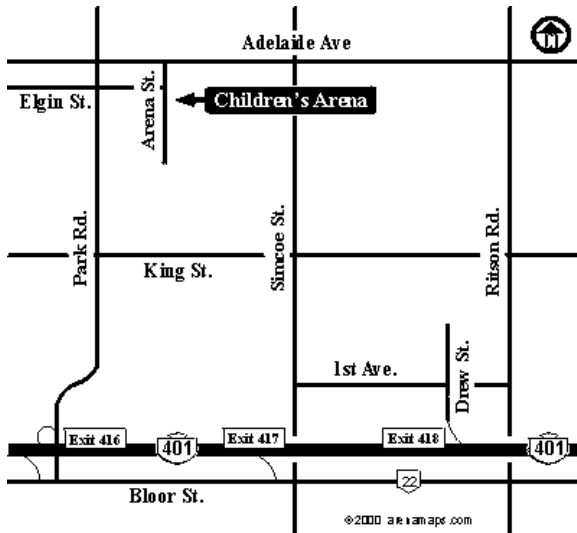
Driving Instructions:

From Hwy-401 Westbound: Hwy-401 west to Salem Road (exit 404). Turn left on Salem Rd. and proceed south approx. 1 km to Bayly Street. Turn right (west) on Bayly St. and proceed approx. 1.5 km to Monarch Avenue. Turn left on Monarch Ave. (just before the McDonalds) and proceed approx. 0.3 km to Centennial Road. Turn left on Centennial Rd. and proceed a short distance to arena on the left.

From Hwy-401 Eastbound: Exit at Westney Rd. (exit 401). Turn right (south) on Westney Rd. and proceed south approx. 0.75 km to Bayly Street. Turn left (east) on Bayly St. and proceed approx. 0.75 km to Monarch Avenue. Turn right on Monarch Ave. and proceed approx. 0.3 km to Centennial Road. Turn left on Centennial Rd. and proceed a short distance to arena on the left.

ONTARIO LACROSSE FESTIVAL

ARENA DIRECTIONS



Children's Arena

199 Arena St. (& Adelaide)
Oshawa, ON L1J4E1
905-725-8071

Driving Instructions:

Oshawa is located along Hwy-401 on the north shore of Lake Ontario in south central Ontario, approx. 50 km east of Toronto. From Hwy-401: Hwy-401 to Park Rd. exit 416. North on Park to Elgin St. Right on Elgin to Arena St. Right on Arena St. and Children's Arena is on the left side of the road.



FESTIVAL SCOREBOARD ALERT SERVICE

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<i>EVENT</i>	<i>TEXT CODE</i>	<i>TEXT TO</i>
Harrow/OLA U15 Girls Field Provincials	U15	101010
Harrow/OLA Pee Wee Provincials	PWPROV	101010
GAIT/OLA Bantam Provincials	BTMPROV	101010
Toronto Rock/OLA Tyke Provincials	TYKE	101010
Warrior Pee Wee Lacrosse Championship of Canada	PWNATS	101010
STX Bantam Lacrosse Championship of Canada	BTMNATS	101010
Girls Bantam Lacrosse Championship of Canada	GBTMNATS	101010
OLA Intermediate Provincials	INT	101010
OLA Girls Box Provincials	GBOX	101010
Warrior/OLA Novice Provincials	NOV	101010
Under Armour/OLA Midget Provincials	MGT	101010
Harrow/OLA U19 Girls Field Provincials	U19	101010



EVENT 1:
 Harrow / OLA U15
 Girls Field Provincials
 Fri, July 30 to Sat, July 31
 Ages: 13-14 years old



EVENT 2:
 Harrow / OLA Pee Wee Provincials
 Fri, July 30 to Sun, Aug 2
 Ages: 11-12 years old



EVENT 3:
 Gait / OLA Bantam Provincials
 Fri, July 30 to Sun, Aug 2
 Ages: 13-14 years old



EVENT 4:
 Toronto Rock / OLA Tyke Provincials
 Sun, Aug 1 to Tue, Aug 3
 Ages: 7-8 years old



EVENT 5:
 OLA Girls Box Provincials
 Bantam
 Sun, Aug 1 to Tue, Aug 3
 Ages: 13-14 years old



EVENT 6:
 Warrior Pee Wee Lacrosse
 Championship of Canada
 Sun, Aug 1 to Sat, Aug 7
 Ages: 11-12 years old



EVENT 7:
 STX Bantam Lacrosse
 Championship of Canada
 Sun, Aug 1 to Sat, Aug 7
 Ages: 13-14 years old



EVENT 8:
 Girls Bantam Lacrosse
 Championship of Canada
 Tue, Aug 3 to Sat, Aug 7
 Ages: 13-14 years old



EVENT 10:
 OLA Intermediate Provincials
 Tue, Aug 3 to Thu, Aug 5
 Ages: 18 to 21 years old



EVENT 11:
 OLA Girls Box Provincials
 PW / MGT / INT
 Tue, Aug 3 to Thu, Aug 5
 Ages: 11 to 21 years old



EVENT 12:
 Warrior / OLA Novice Provincials
 Fri, Aug 6 to Sun, Aug 8
 Ages: 9-10 years old



EVENT 13:
 Under Armour / OLA Midget
 Provincials
 Fri, Aug 6 to Sun, Aug 8
 Ages: 15-16 years old



EVENT 14:
 Harrow / OLA U19
 Girls Field Provincials
 Sat, Aug 7 to Sun, Aug 8
 Ages: 15 to 18 years old